

Introduction to Fu Subcutaneous Dry Needling (FSN)



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About the Course

The FSN (Fu's Subcutaneous Needling) Foundation course is designed to provide students with an introduction to fascial needling by areas of the body utilizing ROM assessment, treatment skills and techniques specific to the field of myofascial pain and muscle dysfunction. This course will incorporate prior learning of myofascial pain, trigger points and their referral patterns, as well as unique needling techniques. The first day will be focused on the upper body, while the second day will be focused on the lower body. Handouts will be provided including fascial planes of the body and a guide to insertion of the FSN needle per area.

FSN is a great addition to the practitioner's toolbox to offer a safe and effective treatment option with minimal discomfort for the patient.

PREREQUISITES

Graduates of the Myopain Seminars Dry Needling program are eligible to attend this advanced level course. Graduates of other dry needling course programs are encouraged to contact Myopain Seminars.

ELIGIBILITY REQUIREMENTS

The course is designed for physical therapists, chiropractors, physicians and physician assistants, dentists, veterinarians, nurse practitioners and nurses, occupational therapists, athletic trainers, and acupuncturists. All participants are expected to participate in the multiple lab sections of the course.



ABOUT THE INSTRUCTOR

Ryan Shepherd, N.D., L.Ac, R.Ac earned his Bachelors of Science degree as a Medical Herbalist from the University of Westminster in London, UK, and his Naturopath and Nutritional Therapist degrees from the College of Naturopathic Medicine with a specific focus in functional medicine. Ryan moved to Nanjing, China, where he studied under Dr. Zhonghua Fu (the inventor of Fu's Subcutaneous Needling), becoming the first certified student of FSN in the West.

Register Today!

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