

# Trigger Point Acupuncture / Dry Needling



## SEATTLE, WA

Seattle Institute of East Asian Medicine

As there are many differences and similarities between dry needling and acupuncture, this course series has been designed to bridge the gap between the differences and emphasize the similarities to broaden the practitioner's scope of practice. This 3-part series is for **Acupuncturists**.

### TrPs Acupuncture/Dry Needling 1 September 8-10, 2023

The Trigger Point Acupuncture / Dry Needling 1 course is designed to provide acupuncturists with an evidence-informed approach to the assessment and treatment of myofascial trigger points (TrPs). This course incorporates an in-depth understanding of anatomy, palpation skills, and clinical reasoning along with the scientific understanding of trigger point pathophysiology, muscle dysfunction, and muscle referral patterns. This course is worth 25 PDA points (NCCAOM). California Acupuncture Board approved for Category 1, 27.5 course hours- Provider number: 1769

### TrPs Acupuncture/Dry Needling 2 October 27-29, 2023

The Trigger Point Acupuncture / Dry Needling 2 will build on the knowledge learned in the previous course, and provide acupuncturists with an evidence-informed approach to the assessment and treatment of trigger points (TrPs), peripheral and central sensitization, and the etiology and scientific basis of myofascial pain and dry needling. Besides covering many muscles, students will also be introduced to the current scientific basis for DN for scar tissue, fascial adhesions, enthesopathies, and tendinopathies. This course is worth 26.5 PDA points (NCCAOM). California Acupuncture Board approved for Category 1, 28 course hours.

### TrPs Acupuncture/Dry Needling 3 December 8-10, 2023

The Trigger Point Acupuncture / Dry Needling 3 is the final course in the series to bring acupuncturists to the highest level of clinical proficiency in the management of patients with myofascial pain and attain certification as a Certified Trigger Point Acupuncturist (CTPA). The course features an in-depth study of the hand muscles, several lower extremity and foot muscles, the craniofacial and craniomandibular muscles, and the longus colli muscles. The third day of the course includes theoretical and practical examinations. To pass, students must achieve 70% on a multiple-choice exam plus demonstrate competency in TrP Acupuncture/Dry Needling. CEU's: TBD

## Register Today!

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