

Equine Dry Needling



About the Course

The Equine Dry Needling (EQ-DN) is a course designed for veterinarians, physical therapists, and chiropractors with an interest in equine myofascial pain management. This course will introduce health professionals to the management of equine myofascial pain using dry needling therapies. The EQ-DN course includes the management of 20 equine muscles. The course instructors are Dr. María Resano and Maria Calatayud, who are two Spanish clinicians and researchers who specialize in equine physiotherapy and rehabilitation. to offer a safe and effective treatment option with minimal discomfort for the patient.

Eligibility Requirements

The course is designed for veterinarians, physical therapists, occupational therapists, and chiropractors. Familiarity with or a strong interest in equine therapy is required.

About the Instructors

Dr. María Resano is a veterinary medicine physician with a Master's degree in Equine Rehabilitation and Physical Therapy. She has multiple certifications in equine dry needling, equine Kinesio taping, equine sports massage, and veterinary acupuncture. María is a "Certified in Equine Rehabilitation Therapist" (CERT). She is currently pursuing her Ph.D. focusing on equine myofascial pain and dry needling at the Universidad Autónoma of Barcelona.

Ms. Maria Calatayud is a physical therapist who studied physiotherapy with the sole purpose of specializing in the physiotherapy treatment of horses. After graduation, she completed a Master's in Osteopathic Manual Therapy followed by a Master's in Equine Physiotherapy. She is currently pursuing her Ph.D. focusing on equine myofascial pain and dry needling at the Universidad Autónoma of Barcelona.



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855.209.1832 | 240.396.6946 | 301.656.0664 (fax)